



ENDURO REGULATIONS 2025

of Baltic Open Individual Championship, Baltic Cup, Baltic Open Club Team Championship, Latvian Open Individual Championship, Latvian Cup and Latvian Open Club Team Championship

Enduro regulations (hereinafter referred to as Regulations) of Baltic Open Individual Championship, Baltic Cup, Baltic Open Club Team Championship (hereinafter referred to as Baltic Competitions), [Latvian Open Individual Championship, Latvian Cup and Latvian Open Club Team Championship](#) (hereinafter referred to as [Latvian Competitions](#)) define the procedures and principles according to which Enduro competitions shall be organised in Estonia, Latvia and Lithuania.

In case of ambiguities due to wording of Regulations or any errors are discovered, explanations shall be provided and deficiencies shall be eliminated by National motorsports federation (hereinafter referred to as FMN) Enduro Commissions of the Baltic Countries. The term “National” refers to the countries of Estonia, Latvia and Lithuania.

[The Regulations, LaMSF Sporting Code and LaMSF Ethics Code \(lamsf.lv/par-mums/dokumenti\)](#) are binding upon all the participants of competitions in Latvia.

[All disputes related to the execution of the Regulations regarding competitions in Latvia are reviewed by and settled by LaMSF Disciplinary and Arbitration Commission.](#)

1. GENERAL CONDITIONS

- 1.1. Enduro is a discipline of enduro motorsports. Enduro competitions take place in open air, by using natural terrain and artificially created obstacles. A competition round lasts for **one or** two days, and riders complete several laps on common roads and off-road and compete for speed in closed special test tracks.
- 1.2. Riders compete in Enduro competitions using motorcycles (hereinafter called machines).
- 1.3. Each competition shall have separate regulations that are in compliance with the present Regulations and supplement them with specific information about the competitions (supplementary regulations). The regulations of a particular competition shall contain specific local information (location, distance, application rules, etc.). Changes to the competition regulations can be accepted by FMN Organiser (FMNR) Enduro Commission or, on the competition day, by competition jury.
- 1.4. Regulations of a particular Baltic Competition shall be approved by the FMNR not later than 2 weeks prior to the competition and published on FMNR official web site (msport.ee, lamsf.lv or lmsf.lt).

2. MACHINE CLASSES AND PARTICIPANTS

2.1. Classes, machines and participants of Baltic Championship [and Latvian Championship](#):

Class	Machine	Riders
EGP		Participants in E1, E2, E3, E40+, E Juniors 16+ classes
E1	Motorcycles with 100 cm ³ to 250 cm ³ 2-stroke, or 175 cm ³ to 250 cm ³ 4-stroke engines	From 18 years
E2	Motorcycles with 255 cm ³ to 450 cm ³ 4-stroke engines	From 18 years
E3	Motorcycles with 255 cm ³ to 500 cm ³ 2-stroke, or from 455 cm ³ 4-stroke engines	From 18 years

E 40+	Motorcycles with up to 500 cm ³ 2-stroke, or any displacement 4-stroke engines	From 40 years
E Juniors 16+	From full 16 years: motorcycles corresponding to A1 category with up to 125 cm ³ engines and up to 11 kW power; From 18 years: Motorcycles with 100 cm ³ to 150 cm ³ 2-stroke, or 175 cm ³ to 250 cm ³ 4-stroke engines	From full 16 to 23 years

2.2. Classes, machines and participants of Baltic Cup and Latvian Cup:

Class	Machine	Riders
Hobby	Motorcycles with up to 500 cm ³ 2-stroke engines, or up to 650 cm ³ 4-stroke engines.	1) From 18 years; 2) Within the previous 3 seasons, rider has not been a winner of 1 st to 3 rd place in any class of National Championship or Baltic Championship classification in Enduro or Motocross (except Quads classes); 3) Within the previous 3 seasons, rider has not been twice a winner of 1 st place in season's classification in Hobby, Megejai, M, Hobby 2T or Hobby 4T classes in Enduro or Cross Country national cup.
Beginners (C)	From full 16 years: motorcycles corresponding to A1 category with up to 125 cm ³ engines and up to 11 kW power; From 18 years: Motorcycles with up to 500 cm ³ 2-stroke engines, or up to 650 cm ³ 4-stroke engines.	1) From full 16 years; 2) Within the previous 3 seasons, rider has not been a competition winner of 1 st to 3 rd place in any National or Baltic Championship or Cup class (except beginner or C classes) in Enduro or Motocross (except Quads classes); 3) Within the previous 3 seasons, rider has not been a winner of 1 st to 3 rd place in season's classification in C, Beginners (C), Beginners (C) 2T or Beginners (C) 4T class in Enduro, Enduro Sprint or Cross Country national cup.
Veterans 50+	Motorcycles with up to 500 cm ³ 2-stroke or up to 650 cm ³ 4-stroke engines	From 50 years

2.3. Motorcycles, powered by electricity, can participate in any class, subject to eligibility of riders.

3. NUMBER PLATES

3.1. Starting numbers must be displayed clearly on both sides and front of a motorcycle:

Class	Number plate	Numbers
E1, E2, E3	Red	White
E 40+	Blue	White
E Juniors 16+	White	Black
Hobby	Yellow	Black
Beginners (C)	Green	White
Veterans 50+	Black	White

3.2. Starting numbers must have a minimum height of 10 cm.

4. OFFICIALS AND JURY

4.1. All officials must be licensed FMN, FIM or FIM Europe.

4.2. In Baltic Competitions, one representative from each country, whose riders participate in the competition (except the country of FMNR), may participate in discussing and agreeing important competition matters. This representative is nominated by the president or a member of an FMN Enduro Commission.

4.3. In competitions in Latvia, jury is formed consisting of:

- A representative delegated by LaMSF Enduro Commission (Jury President);

- Chief Official;
- Organiser's representative (Competition Director).

4.4. In competitions in Latvia, jury meetings must be held:

- 4.4.1. Before competition start (before participants' meeting and the announcement of start times)
- 4.4.2. At the end of the first competition day (before the announcement of first day results) and
- 4.4.3. On two-day competitions, at the end of the second competition day (before the announcement of total competition results).

5. ADMINISTRATIVE CONTROL

- 5.1. Rider's age is calculated according to the year of birth.
- 5.2. Riders must be licensed and insured according to FMNR rules. Rider is personally responsible for having a driver's licence of appropriate category and for the compliance of the machine to road traffic regulations.
- 5.3. Registration of riders can be performed by a representative of the riders' club upon presenting the riders' licenses and other required documents.
- 5.4. Riders may purchase a one-event FMNR license on competition site, according to FMNR regulations. **In competitions in Latvia – by presenting or purchasing an appropriate accident insurance policy and presenting an identification document. Riders must present a doctor's valid permission from the current year. In case he is not able to present it, he must sign an acknowledgement that he has it.**
- 5.5. Rider with his signature on the application form acknowledges his familiarity with the Regulations and the respective competition regulations, his commitment to comply with these regulations, and certifies that he will not hold the competition organiser liable for the accidents caused, among others, by his state of health.
- 5.6. In case the secretariat of a competition or FMNR Enduro Commission discovers that information provided by a rider is incorrect and the rider or his machine does not correspond to the class defined by the Regulations, the rider's result can be cancelled without warning during the competition or at any time prior to approval of the season's classifications.
- 5.7. FMNR participation fee:

Competition	Application has been submitted in advance	On competition day	E Juniors 16+
Baltic Championship or Cup two days	90 euro	100 euro	Free participation
Latvian Championship or Cup two days	90 euro	100 euro	Free participation
Latvian Championship or Cup one day	60 euro	70 euro	Free participation
EE or LT National Championship or Cup	Decided by FMNR	Decided by FMNR	Decided by FMNR

- 5.8. After registration and technical inspection, riders or mechanics put their machines into parc ferme (PF).
- 5.9. In two-day competitions, in case a rider due to objective reasons participates only on the second day of the competition, he must submit an application and pay the full FMNR participation fee before the registration is closed on the first competition day. In the morning of the second day, the rider must sign the application form and pass the technical inspection. Machines must be positioned in the PF not later than 1 hour prior to the first start of the second day.
- 5.10. Riders are advised to use neck protector during competition.
- 5.11. The responsibility of each rider is to ensure that his body is free from prohibited substances (doping).
- 5.12. **In competitions in Latvia, Anti-Doping Department of State Sports Medicine Centre may undertake doping control. The list of prohibited substances and the doping control procedure are defined according to FIM and World Anti-Doping Code.**
- 5.13. Competition jury in cooperation with medical staff have rights to undertake alcohol control of riders (applying a sampling method), using an alcometer.
- 5.14. **In competitions in Latvia, the documents of a rider who has not reached 18 years of age (counting from the date of birth) are signed by one of his parents, a guardian or their notary-authorized representative. In case of purchasing a one-time licence, a document must be presented confirming the consent of parents or the guardian.**

6. TECHNICAL REQUIREMENTS AND INSPECTIONS

- 6.1. Rider or mechanic must deliver the machine and helmet to the technical inspection that is located next to the paddock by the time stated in the competition regulations. **In competitions in Latvia, the secretariat marks on the competition application form the time by which the technical inspection must be completed and the machine must be placed in parc ferme.**
- 6.2. Rider or mechanic must present the machine in technical order and clean. Rider is responsible for the technical condition of his machine during the entire competition.
- 6.3. Each rider and machine must fully conform to FIM Enduro Technical Rules (<https://www.fim-moto.com/en/documents>).
- 6.4. Mandatory technical requirements that must be met in order for a rider to be allowed to start:
- Headlights;
 - Registration number plate (typographically printed, clearly legible, laminated, can be of reduced size but visually similar to the official registration plate, and to be attached on a special place under machine rear mud guard);
 - Street legal tyres – with designations “FIM”, “E” or “DOT” and maximum tread groove depth for rear tyre 13mm.
- 6.5. Technical requirements for the breach of which a penalty of 1 minute or 30 seconds is applied (individual penalties are added up but they can be applied for each specific breach only once during a competition day):
- Brake lights (30 s);
 - Central stand (30 s);
 - Sound level (dB) (1 min).
- 6.6. Deleted
- 6.7. When engine is running, all electrical equipment must operate from generator or battery.
- 6.8. Requirements, included in clauses 6.3-6.7, apply to all machines participating in the specific competition (including Organiser’s Cup classes).**
- 6.9. During the entire competition, the Chief Technical Steward and Chief Official can check any machine.
- 6.10. In two-day competitions, in order to ensure identification, the following parts will be marked during technical inspection as follows:

Part	Marking	Number	Marking place
Frame (the main part)	Color*	1	On the right side of head tube
Wheel hubs	Color*	2	On each hub
Silencer	Color*	1	On the tip of silencer

*or label

- 6.11. The marked parts shall be used during both days throughout the competition and shall stay in place during the final inspection, regardless of their importance for the operation of the machine. Marking on wheel hubs, engine casing and silencer must be heatproof.
- 6.12. Replacement of originally marked parts is strictly forbidden. Penalty – exclusion.
- 6.13. The rider is allowed to change any unmarked part anywhere on the course with the exception of Parc Fermé and between yellow flag and a line 2 m after the end of the control table on time check.
- 6.14. Other than in time checks with assistance and at the final assistance area of the day the rider may only use tools and parts carried with him. Replaced parts may be left at the place of repair.
- 6.15. Rider may not hand his machine over to another rider for participation in the competition or to change the machine during the competition.
- 6.16. Other than in time checks with assistance and at the final assistance area of the day, only the rider is allowed to work on the machine.
- 6.17. Electrical and air powered tools operated by remote connections are not allowed. However, tools powered by an internal self-contained power supply are permitted.

7. COMPETITION

- 7.1. Competitions for each machine class take place **one or** two days.
- 7.2. Starting order and the number of laps are determined by Chief Official and are approved by jury.
- 7.3. The starting times and the times of visiting the time checks, must be posted on the information board no later than 30 minutes before the first start.
- 7.4. Agenda and start times may be changed due to force majeure circumstances.
- 7.5. The numbers of riders starting at the same time can be between 2 and 4 depending on the numbers of participants and the conditions of the course.
- 7.6. E1, E2, E3, E 40+ and E Juniors 16+ classes should have shorter lap times, unless prevented by the situation on the course or in the competition.

8. COMPETITION COURSE AND SAFETY

- 8.1. The course must be practicable in all kinds of weather by any machine of any class for an unlimited number of times.
- 8.2. **In competitions in Latvia, the course must be inspected and accepted by a certificate of acceptance.**
- 8.3. **In competitions in Latvia, a representative nominated by LaMSF Enduro Commission performs the inspection no later than 24 hours prior to the start of the competition and subsequently signs the certificate of track and competition acceptance which, as necessary, lists deficiencies that must be eliminated before the start of the competition.**
- 8.4. **In competitions in Latvia, the certificate of track and competition acceptance is signed by the jury members on the race day before the participants' meeting, confirming that the competitions can begin.**
- 8.5. The length of one lap of the course, without special tests, must be no less than 20 km.
- 8.6. The total riding time of one lap, excluding special tests, must be not less than 45 minutes. **Organiser of competitions in Latvia will be penalised with 100 euro for each 10% (i.e., 270 seconds) under these 45 minutes. The total riding time of one lap is determined by the representative nominated by LaMSF Enduro Commission and is marked in the certificate of track and competition acceptance.**
- 8.7. The total competition time of one day cannot exceed 7 hours and 30 minutes, including the final 15 minutes from the last time control.
- 8.8. The plan of the course must be available on competition site, on the bulletin board. **In competitions in Latvia – also copies of this document and the certificate of track and competition acceptance.**
- 8.9. The organiser may create a figure of 8 shaped course if they wish.
- 8.10. On two-day competitions, course direction during both days may be the same, or opposite on the second day. Direction of special tests is recommended to be the same on both days.
- 8.11. During competition, participants' safety shall conform to the requirements of these Regulations:
 - 8.11.1. No spectators are allowed on course during the competition;
 - 8.11.2. Minimum safety distance in start-finish, time check and special test areas is 1 m;
 - 8.11.3. Spectators must be aware that motorsport is a technical type of sports and a machine may become uncontrollable due to technical problems;
 - 8.11.4. It is forbidden to smoke on the course, technical inspection area, PF, start – finish zone and time checks.
 - 8.11.5. Spectators and competition participants are personally responsible for their safety.
- 8.12. Due to safety reasons, in case of force majeure circumstances the course may be shortened or changed, or riding times extended.
- 8.13. The organiser must ensure order during the competition and inform about the event the local municipality and police.
- 8.14. The organiser must have a general liability insurance policy for each competition.
- 8.15. The average competition speed must not exceed 50 km/h.
- 8.16. Before the start of the first day competition, the organiser must call a participants' meeting and inform the riders about the length of the course, special tests, security requirements, dangerous sections of the course, the availability of first aid and fire extinguishing equipment.

9. ENVIRONMENTAL PROTECTION

- 9.1. Competition participants are responsible for observing the environmental protection requirements:
- 9.1.1. No other routes as stated may be used; land cover in woods and agricultural territories shall be protected to the utmost;
 - 9.1.2. No waste can be left on the course;
 - 9.1.3. During refuelling, oil change, machine repairs or cleaning, a mat of appropriate size and quality must be used;
 - 9.1.4. It is permitted to clean the machines only at time controls and in the paddock;
 - 9.1.5. Washing of machines is forbidden, except if the organiser permits this in a designated place;
 - 9.1.6. Oiling of chain is permitted only in refuelling zones.
 - 9.1.7. The use of “tear-off” films on goggles is forbidden.
- 9.2. During the competition, riders and spectators are not allowed to access areas restricted by the organiser.

10. SCORING

- 10.1. A rider may obtain season’s individual classification (place) in one class only – in the one in which he has received the highest individual classification. If the places are the same in several classes, the class where the rider has scored the most points, is used. If the points are also equal, then the class where the rider participated in the first competition, will be used for establishing the classification.
- 10.2. Individual results of each competition day are determined according to the table below (places are determined according to the smallest sum of time penalties and special test times):

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Points	20	17	15	13	11	10	9	8	7	6	5	4	3	2	1

- 10.3. In case at the end of a day riders have equal time results (a tie), they receive equal points, but the next rider will receive points according to his place:

Example:

Rider A 28’20’’	1 st place	20 points
Rider B 28’20’’	1 st place	20 points
Rider C 30’00’’	3 rd place	15 points

- 10.4. In two-day competitions the organiser may choose to implement a “power test” on the last lap of the second day. The competition regulations must state which special test will be used in this case. Riders in each class will obtain additional points for the second day as follows: the fastest rider will get 5 points, the second fastest 4 points, the third fastest 3 points, the fourth fastest 2 points, and the fifth fastest 1 point.
- 10.5. In a two-day competition, the results are determined by sum of points for both days. In case of equal points the winner is determined by results of the second race day. **In a one-day competition, the individual winner is determined by the scored points.**
- 10.6. The results of the united EGP class are calculated, using the smallest time penalty and special test time sums of E1, E2, E3, E 40+ and E Juniors 16+ classes riders according to clauses 10.2 and 10.3. The results of a round are calculated according to clause 10.4.
- 10.7. Individual classification of Enduro Baltic Championship and Baltic Cup is established by the sum of points of all competition rounds that have taken place.
- 10.8. **Season classification of Enduro Latvian Championship and Latvian Cup is established, using the points scored in all Competitions that have taken place, by adding up:**
- 10.8.1. **Points scored in each competition day, calculated according to 10.2, 10.3 and 10.6, and on two-day competitions the points additionally multiplied by 1.5;**
 - 10.8.2. **Additional points scored in each day of the season’s last Enduro competition (one or two-day competition), as follows:**

Place	1.	2.	3.	4.	5.	6.
Additional points scored	8	6	4	3	2	1

- 10.9. In case of equal classifications the winner shall be considered a rider with highest places, the next – the result on the last day.

- 10.10. A rider may participate in any number of rounds.
- 10.11. Baltic Championship and Baltic Cup classification is prepared by LaMSF, subject to an agreement with EMF and LMSF, and is approved by the responsible commission of each country's FMN.
- 10.12. [Latvian Championship and Latvian Cup classification is prepared by LaMSF Enduro Commission.](#)

11. PLACES AND RESULTS IN CASE OF PREMATURE INTERRUPTION OF COMPETITION

- 11.1. In case the jury interrupts a competition prematurely, it cannot be re-run.
- 11.2. If a competition is stopped before the majority of riders has completed at least 50% of competition distance, the competition shall be considered as not having taken place (null and void).
- 11.3. If a competition is stopped after the majority of riders has completed at least 50% of competition distance, the jury decides whether the competition shall be deemed as having taken place and whether to announce results as they are in the current circumstances.

12. CHAMPIONSHIP OF CLUB TEAMS

- 12.1. Riders of the following classes participate in Baltic Club Team Championship (BCTC) [and Latvian Club Team Championship \(LCTC\)](#):

Class	Number of riders	Coefficient
E1	not more than 2 riders	1
E2	not more than 2 riders	1
E3	not more than 2 riders	1
E 40+	not more than 2 riders	1
E Juniors 16+	not more than 2 riders	1
Hobby	not more than 1 rider	0.75
Beginners (C)	not more than 1 rider	0.75
Veterans 50+	not more than 1 rider	0.75

- 12.2. In the Regulations, the term “club” means a legal person – FMN member. In BCTC [and LCTC](#), rider’s club membership is defined by the annual FMN Enduro license. Participation in BCTC [and LCTC](#) is only with annual FMN Enduro licences.
- 12.3. [Only one team can participate in LCTC from each club.](#)
- 12.4. In BCTC [and LCTC](#), a club team consists of 3 to 4 riders from classes mentioned in clause 12.1.
- 12.5. Competition scores of riders in each class, calculated according to clauses 10.2 and 10.3, are applied with a coefficient as stated in clause 12.1.
- 12.6. Three best out of four possible team rider individual results count towards results of a BCTC [or LCTC](#) competition round. Result of a club team is the sum of individual scores of these riders. A rider can contribute to team points only in the class in which he started in his first Enduro competition of the season, [respectively in BCTC or LCTC.](#)
- 12.7. In case two teams in a two-day competition round score equal points the winner is determined by results of the second race day. If the results on the second day are also equal, then – by higher individual places of team members on the second day. [In case two teams on one day competition score equal points, the winner is the team with higher places. If these are equal, then the winner is the team with the best individual time result.](#)
- 12.8. BCTC classification is determined by sum of scores of all Baltic Enduro rounds that have taken place.
- 12.9. [LCTC classification is determined using the points scored in all Latvian Competitions, by adding up:](#)
 - 12.9.1. [Points scored by the team in Enduro Latvian Championship and Latvian Cup, with points from two-day competitions additionally multiplied by a coefficient 1.5;](#)
 - 12.9.2. [Additional points scored by the team members in the season’s last one or two-day enduro competition according to paragraph 10.8.2, with coefficients applied according to paragraph 12.1.](#)

- 12.10. In case of equal scores in BCTC and LCTC the winner shall be determined by highest positions in all rounds then by the results of the second day of the last round.
- 12.11. BCTC classification is prepared by LaMSF, subject to an agreement with EMF and LMSF, and is approved by the responsible commission of each country's FMN.
- 12.12. LCTC classification is prepared by LaMSF Enduro Commission.

13. AWARDING

- 13.1. Riders winning the 1st place of Baltic individual Championship or BCTC win the title of Baltic Enduro champion of the current year, and riders winning Baltic Cup win the title of Baltic Enduro Cup winner of the current year. Rider winning the 1st place in EGP class, wins the title of Baltic Enduro Overall champion.
- 13.2. Riders winning the 1st place of Latvian individual Championship or LCTC win the title of Latvian Enduro champion of the current year, and riders winning Latvian Cup win the title of Latvian Enduro Cup winner of the current year. Rider winning the 1st place in EGP class wins the title of Latvian Enduro Overall champion.
- 13.3. Riders winning 1st, 2nd or 3rd places (in LCTC – 1st–6th places) in each class of Baltic Enduro Championship, BCTC, Latvian Championship, or LCTC at the end of the season are awarded with gold, silver and bronze medals or cups. Winners of 1st, 2nd or 3rd places in each class of Baltic Cup or Latvian Cup at the end of the season are awarded with cups.
- 13.4. In Baltic Club Team Championship, the winners are presented with monetary prizes: 1st place 1500 euro, 2nd place 1000 euro, 3rd place 500 euro.
- 13.5. Winners of at least 1st, 2nd and 3rd places in individual (in each class) and BCTC (LCTC are not awarded) competition in each round are awarded with cups, medals or other prizes according to competition regulations, which must specify the number of places to be awarded.
- 13.6. In Latvian Championship, in competitions in Latvia, LaMSF Enduro Commission provides monetary prizes to the winners of the EGP class: 1st place 150 euro, 2nd place 100 euro, 3rd place 50 euro.
- 13.7. Riders to be awarded must participate in the awarding ceremony that takes place not later than two hours after the finish of the last rider. Penalty for not participating in the awarding ceremony is 50 EUR that is to be paid by the rider. Penalty is not applied in case the rider has agreed his absence with competition organiser or Chief Official and the awarding ceremony is attended by the rider's club representative.

14. RESUMING PARTICIPATION

- 14.1. In two-day competitions, rider who has not finished on the first day may resume participation in the competition on the second day by complying to the following requirements:
 - 14.1.1. Rider must present the machine at the last time check of the first day not earlier than according to the rider's timetable and not later than 60 minutes after this time;
 - 14.1.2. Original marking on frame, as registered before the competition, is required;
 - 14.1.3. Machine must be delivered to full technical inspection.
- 14.2. Any replaced marked parts must be remarked in the technical inspection.
- 14.3. Riders disqualified by Chief Official may resume participation in the competition according to clause 14.1 and wait for approval of the jury.

15. PARC FERME

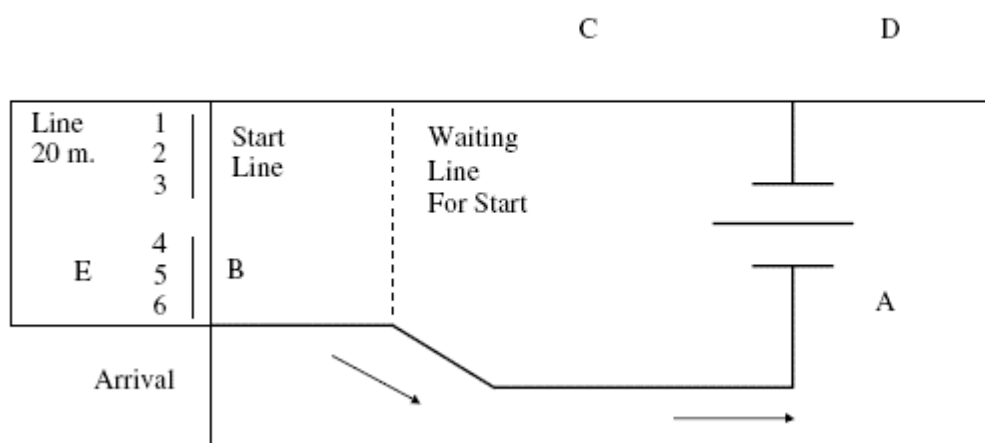
- 15.1. Parc ferme (hereinafter referred to as PF) must be enclosed and fenced in. Its limits must be clearly marked out and supervised by a sufficient number of officials to ensure that only authorised persons may enter and have access to the machines. It must have one clearly marked entrance and one exit which leads to the starting area, but no other entrances and exits. Entrance and exit may be joined. Officials in charge at PF control points must wear a distinctive emblem recognized by all persons concerned and the riders in particular.

- 15.2. Machines of competition participants are in PF, under organised supervision, from the time specified in the Regulations until the start of the first day, from the end of the first day race to the beginning of second day race, and from the end of the second day race to the time the Chief Official decides to permit taking the machines. **Riders from the following classes are not required to place their machines in PF at the end of a one-day competition: Hobby, Beginners (C), Veterans 50+.**
- 15.3. Access to PF is forbidden to everyone except officials and riders who wish to park or take out their machines with permission of a PF official. After checking in at the time check just before the PF, the rider must stop the engine and push the machine into PF without delay.
- 15.4. While proceeding from the time check before PF to the PF, it is forbidden to refuel or make any repairs to the machine.
- 15.5. In the PF it is forbidden for a rider without a permission of a PF official, under penalty of exclusion from the meeting:
 - to touch the machine of any other rider;
 - to touch his own machine except to push it in or out of the PF;
 - to start the engine.
- 15.6. Any rider caught smoking in PF will be excluded.
- 15.7. The machines in PF must not be covered in any manner.

16. STARTING AREA

- 16.1. Starting area is an area where riders wait for the start signal (clock, lights, manual or other signal), and at one end of which is the starting line and the other – the territory that is adjacent to the exit from PF (the territory between the PF and starting area).
- 16.2. Access to starting area is strictly forbidden to anybody, except officials and riders.
- 16.3. Any activity with the machine in the starting area before the start signal is strictly forbidden. Penalty for failure to comply is exclusion.
- 16.4. Machines are pushed out of PF to the start line by riders, with engines switched off.
- 16.5. Starting the engine in starting area before the start signal is forbidden. Penalty for failure to comply is one minute.

PLAN OF THE ORGANISATION OF THE PARC FERME AND STARTING AREA



A = Parc Ferme

B = Starting Area

C = Trade area

D = Entrance for officials

E = a line must be provided with room for up to 4 riders

The distance between A and B must not be longer than 20 metres and must be in a closed area.

17. PREPARATION FOR START

- 17.1. Before the start, riders will be allowed to enter the PF 5 minutes before their starting times for the sole purpose of moving their machines to the exit of the PF and to enter into the starting area. No work of any kind can be carried out on the machine in the PF or in the starting area, under penalty of exclusions.

18. START

- 18.1. At the beginning of the competition, the starting signal will be given at the exact time a rider is due to start. Within one minute after the starting signal has been given, the rider must have started his engine at the starting line, crossed the starting line using the power of the engine, and crossed another line 20 metre from the starting line.
- 18.2. If a rider is not on the starting line when the signal to start is given, he will not be penalised as long as he brings his machine to the starting line, starts the engine, crosses the starting line using the power of the engine and crosses the second line within one minute after the signal for his start was given. Riders arriving more than one minute late at the starting line will be penalised 1 minute per minute late. The minute in which the riders arrive at the start line will be considered as the new start time and before the minute expires, they must observe the start procedure under clause 18.1. Riders being late more than 15 minutes late will be classified as retired and will not be allowed to start.
- 18.3. The kick-start or other starting devices must start all machines, mechanical or electrical. It is not allowed to rotate any driving road-wheel.
- 18.4. Should the engine stop before the machine has crossed the second line, the rider has to cross the second line within one minute after the signal to start was given. A rider who has not started his engine at the starting line, has not crossed the starting line using the power of the engine, or has not crossed the 20-metre line within one minute after his starting signal has been given, will be penalised by 10 seconds.
- 18.5. A rider who has not been able to start his engine, has to push his machine in the driving direction and cross the 20-metre line in order not to hinder other participants.
- 18.6. When the case of a rider is under discussion and he wishes to start, he will not be prevented from doing so providing his machine has been held in the PF as per the Regulations, except for reasons of safety. Once the Chief Official confirms that the rider is excluded, he will not be allowed to start.
- 18.7. If a rider crosses the starting line before the exact time a rider is due to start, he will be penalised with "one minute" for each full or partial minute before the time he was due to start.

19. REFUELLING

- 19.1. No additional time is given for refuelling that must be performed during the race.
- 19.2. The use of an environment mat is obligatory to be used where servicing of machines is permitted by the organiser.
- 19.3. The minimum dimensions of the mat will be at least equal to the wheelbase of the machine and of the width of the handlebars. This mat will be composed of a waterproof sole and of an absorbent textile.
- 19.4. In addition to the refuelling stations located at the start and finish, others will be situated along the course. There will be a maximum of three refuelling stations per lap, including those in the finish areas.
- 19.5. The refuelling station before the final time check must be situated in the paddock.
- 19.6. Refuelling on the course is only allowed in the official refuelling places marked by the organiser at time checks between the white and yellow flags.
- 19.7. Refuelling is forbidden between the yellow flag and the time check control table.
- 19.8. The penalty for refuelling outside the designated areas is exclusion.
- 19.9. It is forbidden under penalty of exclusion for a rider to place his machine or any marked parts, inside any enclosure inaccessible to the officials any time during the competition for the purpose of refuelling or any other reason, except if authorised to by the organiser.
- 19.10. No fuel may be carried other than in a tank or container permanently attached to the machine. The penalty for breaking this rule is exclusion.
- 19.11. The engine must be stopped during refuelling. The penalty for not stopping the engine is exclusion.
- 19.12. Any welding work in refuelling area is forbidden under penalty of exclusion.

20. FORBIDDEN ACTION FROM OUTSIDE

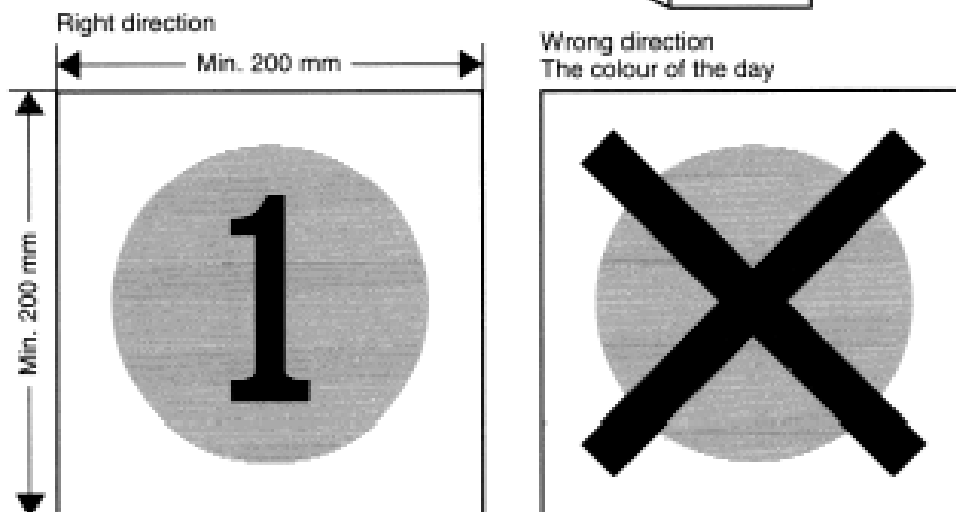
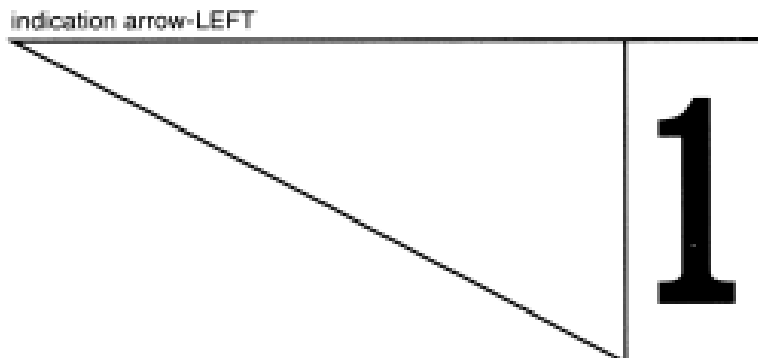
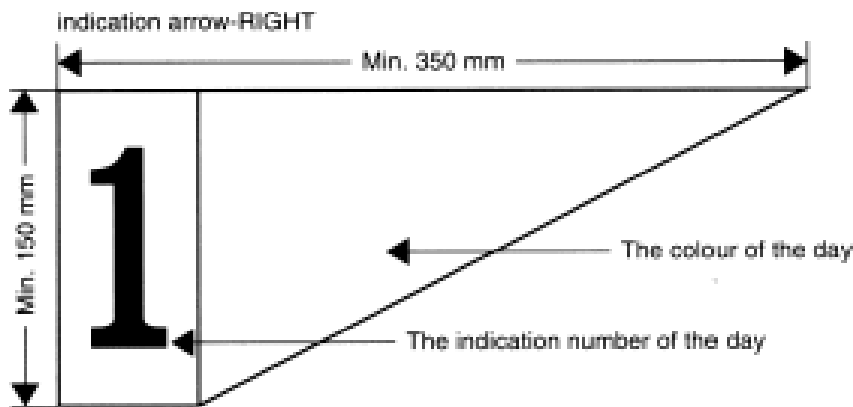
- 20.1. Throughout the competition a machine must only be moved by its proper engine power, the physical efforts of its rider, or some natural cause (except as stated in clause 21). The penalty for breaking this rule is exclusion.

21. OUTSIDE ASSISTANCE

- 21.1. The term "outside assistance" refers to the act involved when any person, other than the rider or an official performing his duties, comes into contact with the machine.
- 21.2. The penalty for receiving prohibited outside assistance is exclusion.
- 21.3. Outside assistance, receipt of spare parts or tools is allowed at time checks only, where it is permitted to provide assistance and in the final help assistance area before the final time check (in the paddock).
- 21.4. Tire change is permitted by the rider only and during the two-day competitions at the final time check in the final help assistance area of the first race day (help assistance is permitted to take off and put back a machine wheel).
- 21.5. Outside assistance is permitted in order to help a rider to pull the machine out of mud, ditch, marsh or another obstacle on the course, and the rider is not able to do it by himself. Officials are allowed to provide assistance to riders in tests if the rider is not able to overcome an obstacle or to free the track for other riders.
- 21.6. Outside assistance is authorised for cleaning the number plates and the sponsors' stickers placed on the plastic parts of the machine at all the time checks.
- 21.7. It is forbidden to use electrically or air-powered tools (except battery-powered tools). The penalty for any use of electric or pneumatic tool is exclusion.
- 21.8. It is forbidden for riders, under penalty of exclusion, to be accompanied anywhere on the course or to receive or transmit communications by radio.
- 21.9. Any rider who has retired from the competition must obliterate the number plates or remove them and must not continue the route in the company of, or in proximity to any other rider. If this rule is broken, the rider may be suspended and any rider(s) he accompanied may be excluded.

22. ROUTE MARKING

- 22.1. The official route, which must not be left for any reason whatsoever, will be depicted on a map and marked. The official distances must be considered to be correct. If a rider fails to follow the official route or if he drives against it, he may be excluded or penalized by time.
- 22.2. In those cases where the riders must follow a very definite route (i.e. on grassland, rough terrain, footpaths, etc), the organiser must indicate the route precisely and very clearly. Where such areas are specifically marked, the riders must pass through the tapes or arrows. Any deviation to gain advantage renders the riders liable to penalty.
- 22.3. Samples of the signs or indications used for the route marking must be displayed in the starting area. The signs or indications used for the route marking must be made of waterproof material.



23. LOCAL TRAFFIC REGULATIONS

- 23.1. Riders must conform to the traffic regulations in force in each locality crossed during the competition. Any rider convicted of an offence against such regulations may, after enquiry, be excluded.

24. IMPASSABLE SECTIONS

- 24.1. If, in the course of the competition, the Clerk of the Course or Chief Official decides that a section of the course has become impassable or that its condition is such that it cannot be negotiated without outside assistance, he may take the entire section which is impassable, before reaching the following time check, out of the competition and adjust the points accordingly. The jury will ratify this decision.

25. TIME CHECKS

- 25.1. The control of the competition is done at the time checks, which are defined between the yellow flags and a line 2m after the end of the control table.

- 25.2. Time checks are located at the exit of starting area at the beginning of a competition, on the course, in finish zone, and at the entrance to PF.
- 25.3. The time period between time checks is provided by organiser. The distance between time checks should not exceed 35 km and be less than 5 km.
- 25.4. The average speed to be maintained between one time check and the next must not exceed 50 km/h.
- 25.5. In case of force majeure (e.g. worsening weather conditions) the Chief Official may change the time schedule to one of the slower schedules immediately before the start or before each lap.

26. TIME CARDS

- 26.1. Time cards are issued before the start. Riders are responsible for receiving marks on the time cards at all time checks and all route checks. Time cards must be submitted at the end of each day or if the rider retires. Intentional violation of this regulation may lead to exclusion.
- 26.2. Any rider who fails to get his time card marked at a time check or intends to deceive the officials by altering or obliterating any entry on his time card or using another rider's card may be excluded.
- 26.3. Any rider who accidentally loses his time card must obtain another from the official in charge of the next time check. This new card must be used at that check point and at all the following checks.
- 26.4. A rider who misses a time check will be excluded.

27. TIME CHECK IDENTIFICATIONS

- 27.1. The time checks will be indicated by white flags placed on both sides of the track 200m before the control table and yellow flags placed before the control table. These flags will be placed so that they are at all times clearly visible to the riders.

28. PROCEDURE AT TIME CHECKS

- 28.1. A time clock synchronised with the time check clock will be positioned at the yellow flag located before the control table, on the control table or next to it. After the rider has passed the yellow flag with his machine he must immediately present his time card to time check official. The arrival time at the time check is the time the rider or the front wheel of his machine has crossed the line marked by the 2 yellow flags.
- 28.2. Riders are forbidden to stop between the yellow flag and the control table and will be penalised for so doing, 1 minute in addition to any other time penalties.
- 28.3. A rider may pass the final time check at the entrance to the PF before the scheduled time without penalty.
- 28.4. At each time check, the officials must keep a check list indicating the passage of each rider by number and in the order of arrival, and note the time in hours and minutes the rider passes through. Pre-printed lists are not valid. In case of dispute, the checklist is an official document.
- 28.5. In two-day competitions, on the first competition day, before the last service area or help assistance zone in the paddock, there will be a pre-finish time check, which will be signalled in the same way as the time checks without service, where assistance is not be allowed. The riders will have 15 minutes to go from this time check to the final time check before PF.

29. CALCULATION OF TIME CHECK PENALTIES

- 29.1. Each section between time checks constitutes a test in itself. Riders who do not respect the time permitted between one time check and the next (i.e. the difference between the time marks does not equal the specified time), will be penalised 1 minute per minute early or late arrival according to the time check clock. REGISTERED TIME = STARTING TIME FOR NEXT SECTION.

30. TIME LIMIT

- 30.1. A rider who arrives at a time check more than 30 minutes after his required time is automatically excluded. However, the rider may, under his own responsibility, continue in the event until the jury takes the final decision.

31. CLAIMS TO SPECIAL TIME ALLOWANCE

- 31.1. If a rider can prove to the officials that he was delayed by abnormal circumstances beyond his control, such as a delay occasioned because he had to stop to render first aid in the case of a serious accident, an allowance may be granted. Alleged balking caused by another rider cannot be accepted as an abnormal circumstance.
- 31.2. If a rider stopped to assist an injured rider in a special test, the Chief Official may award a time to the rider who stopped that permits him to keep the same position scored in the end of the day without that special test. The special test time of the previous lap or the next lap could be used for this purpose.

32. ROUTE CHECKS

- 32.1. In addition to having his time card marked at all time checks, the rider must present his card for marking at any official route check. Such route checks, which may or may not be marked on the course map, will be indicated by blue flags placed on either side of the road 200 metres before the route check. If the rider does not stop, he will be excluded.
- 32.2. A rider without a time card must obtain one from the official in charge at the route check.
- 32.3. At each route check, the officials must keep a check list indicating the passage of each rider by number and in order of arrival.
- 32.4. Any rider whose passage is not recorded on each check list, will be excluded.

33. SPECIAL TESTS

- 33.1. Special test types – cross, enduro and extreme tests.
- 33.2. The location and the length of the special tests must be published at least 24 hours before they take place and must be marked not later than 24 hours before they will be needed.
- 33.3. The jury must approve all special tests before the participants' meeting.
- 33.4. It is recommended to have three special tests in each lap, but not less than two.
- 33.5. The riding time of special tests of each lap for E1, E2, E3, E 40+ and E Juniors 16+ classes must be at least 10 minutes. Organisers of competitions in Latvia will be penalised with 100 euro for each 10% (i.e. 60 seconds) below these 10 minutes. The actual time is determined by the best results of competition participants.
- 33.6. All special tests are with time control, **except if**, before the participants' meeting on the first day, competition jury **decides** which of the special tests on the first lap **will** be introductory only and **will** not be timed.
- 33.7. Riders may inspect the special tests on foot but not by wheeled vehicle, including bicycle. The penalty for traversing the special test by wheeled vehicle, in advance of the timed test, will be exclusion.
- 33.8. In special tests, outside assistance is not allowed, except from officials wearing special signs and in cases described in clause 21.5. Penalty for violation of this rule is equal to the worst race time in the special test plus 5 minutes.
- 33.9. All the special test stages without a natural border will be marked with tape. In clearly visible, straight sections the marking can be done with enduro competition signs, forming gates, where the distance between pairs of signs is not larger than 25m. In those sections, for spectator safety, it may be necessary to mark the perimeter of the track or its section with a tape.
- 33.10. The start and finish area of special tests must be accessible to all vehicles.
- 33.11. The special tests must be easily accessible for emergency assistance. If the special test is not within sight, (in the forest for example) it must be marked in sections with consecutive numbers. The access roads to the special test area should be signposted and described on a map.

- 33.12. Start and finish of a special test should be at the same place, if this is not possible, there must be a radio or mobile connection between them.

34. CROSS TESTS

- 34.1. At least two closed course special tests, designated as cross tests (which can be the same for each lap) must be specially prepared for the purpose. The recommended distance for these cross tests should be minimum 3 km provided that the safety measures described in the Regulations are strictly observed. A safety zone, minimum width one metre, access to which shall be forbidden for all spectators, shall be established on all bends and at any other hazardous points of Cross test.
- 34.2. The cross test course must be selected so that the average speed does not exceed 50 km/h.

35. ENDURO TESTS AND EXTREME TESTS

- 35.1. At least two Enduro tests must take place each day. Enduro tests shall be in a form of a Cross Country test. The recommended distance for these tests should be minimum 3 km provided that the safety measures described in the Regulations are strictly observed. The Enduro test course must be selected in such a way that the average speed does not exceed 50 km/h.
- 35.2. One Extreme test is recommended to be included on each lap.
- 35.3. The distance of the Extreme test is approximately 1 km or a maximum of approximately 3 min. The Extreme test will be carried out in areas with sufficiently wide technical obstacles in order not to create a traffic jam. The Extreme test should allow the technical and physical dexterity of the riders to be judged. The Extreme test course must be selected in such a way that the recommended average speed does not exceed 25 km/h. If any rider exceeds this average speed, the Extreme test will be cancelled for the following laps. A detour must be provided for obstacles that are dangerous or difficult to pass.

36. TIME CONTROL AT SPECIAL TESTS

- 36.1. Start of special tests must be displayed as STARTS (START) and finish as FINIŠS (FINISH). The route must be marked. Start line must be marked with flags. Start signal must be provided by a timekeeper or official on duty or by using a special signalling tool (e.g., semaphore). The time of the special test is registered when the rider crosses the start and finish lines.
- 36.2. The start will be from a line with the machine stationary and engine running.
- 36.3. After the flying finish of the test, the rider having crossed the finish line will continue on the marked route to the next time check.
- 36.4. Rider is not allowed to stop at the exit of a special test. Stopping is permitted not closer than 10m from the finish, where other riders passing the finish are not obstructed.

37. FINAL EXAMINATION

- 37.1. At the final examination, or within 30 minutes later, one or more engines of the machines having finished the competition may be examined.
- 37.2. For all classes and categories of machines, only the rider must appoint the person who will dismantle his machine at the end of the race. The dismantling must start within 30 minutes following the notification; if this fails to happen, the rider will be excluded.
- 37.3. If any engine is found to be in incorrect capacity of the class in which it was entered, the rider concerned will be excluded.

38. PENALTIES

- 38.1. Time:
- 38.1.1. Starting the engine in the starting area before the starting signal is given: 1 minute;
- 38.1.2. For every minute late in arrival at start line: 1 minute (up to 15 minutes);

- 38.1.3. Not starting the engine at the starting line, not crossing the starting line using the power of the engine, or not crossing the 20-metre line within one minute after the starting signal has been given: 10 seconds;
- 38.1.4. Stopping between the yellow flag and control table at a time check: 1 minute;
- 38.1.5. Late or early arrival at a time check: 1 minute for each minute;
- 38.1.6. Involuntary exit from the route of the test and not returning to the place from where the exit was made: 3 minutes;
- 38.1.7. Driving outside the marked route; driving in the wrong direction, not observing the marked route: 1-10 minutes;
- 38.1.8. Non-compliance with the technical requirements of machines – from 10 seconds to 1 minute for each particular non-compliance.
- 38.2. Exclusion:
 - 38.2.1. Working on the machine in the starting area before the starting signal is given;
 - 38.2.2. Being more than 15 minutes late at the start;
 - 38.2.3. Machine part does not have the marking or its official substitute;
 - 38.2.4. Behaving contrary to the Sporting Code or Ethics Code in the PF;
 - 38.2.5. Entry into PF with a running engine or starting the engine in PF (with an exception of Quads);
 - 38.2.6. Refuelling or carrying out repairs while proceeding from time check to PF;
 - 38.2.7. Refuelling outside areas provided for this purpose by the organisers, or carrying fuel outside the fuel tank;
 - 38.2.8. Not stopping the engine during refuelling;
 - 38.2.9. Smoking in PF or in the paddock;
 - 38.2.10. Carrying out any kind of welding work in the refuelling areas;
 - 38.2.11. Use of electrically powered (except battery-powered) tool or an air-powered tool (compressor);
 - 38.2.12. Using extraneous motive power;
 - 38.2.13. Accepting unauthorised outside assistance;
 - 38.2.14. Unauthorised contacts with accompanying persons;
 - 38.2.15. Being accompanied by another rider who is not a competition participant;
 - 38.2.16. Driving outside the marked route; driving in the wrong direction, not observing the marked route;
 - 38.2.17. Heavy breach of traffic regulations (possible to prove);
 - 38.2.18. Altering a time card or using another rider's card;
 - 38.2.19. Missing a time check or missing or not stopping at a route check;
 - 38.2.20. Delayed arrival at time check exceeding 30 minutes (counting from the rider's starting time);
 - 38.2.21. Practicing on the course of special tests starting from 36h before the competition start until the competition finish;
 - 38.2.22. Voluntary leaving the test course or short-cutting the track;
 - 38.2.23. Engine capacity exceeding that stated on the entry form;
 - 38.2.24. Handing over the rider's machine to another rider or changing a machine during the competition.
 - 38.2.25. Use of doping, including alcohol.
- 38.3. In competitions in Latvia, other penalties from LaMSF Sporting Code (lamsf.lv/par-mums/dokumenti) may be applied.

39. PROTESTS

- 39.1. All protests, addressed to jury, are submitted to the secretariat in written form with a security deposit of 70 euro.
- 39.2. Protests on results must be submitted within 30 minutes after the official announcement of results.
- 39.3. Protests on breach of the Regulations or competition regulations or must be submitted within 30 minutes after the finish of respective class, by indicating the violated clause of Regulation or competition regulations.

- 39.4. In case of settlement of protest the safety deposit is returned to the person submitting the protest. In case of refusal the money is kept by FMNR Enduro Commission.
- 39.5. In case the protest is related to dismantling of engine, additional 250 euro (for 2 stroke) and 350 euro (for 4 stroke) must be paid in deposit.
- 39.6. In case of settlement of protest the safety deposit is returned to the person submitting the protest. In case of refusal the money receives mechanic dismantling the engine.

40. FIRST AID

- 40.1. Competitions in Latvia must be provided with emergency medical vehicles as follows:
 - 40.1.1. if the total expected number of riders does not exceed 100 – at least one emergency medical vehicle and a doctor or medical assistant;
 - 40.1.2. if the total expected number of riders exceeds 100 – at least two emergency medical vehicles and doctors or medical assistants, or at least one emergency medical vehicle and a doctor or medical assistant and one tent equipped for providing emergency medical assistance with one doctor or medical assistant.
- 40.2. Competition director and senior doctor must approve the emergency exit road before the competition.
- 40.3. The nearest hospital must be informed about the competition.
- 40.4. In case of injury, permission for a rider to further participate in the competition is given by the senior doctor upon reporting to the competition secretariat.

41. PADDOCK AND UTILITIES

- 41.1. Paddock must be located with direct exit to start and finish zone and PF.
- 41.2. Organiser must provide at least one toilet in the paddock and (if possible) several toilets in the spectator zone. Organiser must provide trash containers or bags in the paddock and in spectator zone in sufficient amounts.
- 41.3. Information board must be easily accessible to riders and spectators, its area must be at least 3m², and it must be securely fastened.
- 41.4. For the convenience of spectators, they must be provided with:
 - 41.4.1. first aid;
 - 41.4.2. parking;
 - 41.4.3. food vendors.
- 41.5. Maximum allowed machine speed in the paddock is 10 km/h.
- 41.6. Helmet must be worn when riding a machine on the competition site.
- 41.7. Each rider in the paddock must be equipped with a fire extinguisher. Competition organiser must equip the time check, start and finish zones and PF with fire extinguishers.

42. ADDITIONAL REQUIREMENTS TOWARDS ORGANISERS OF COMPETITIONS IN LATVIA

- 42.1. LaMSF may require the organisers of competitions in Latvia to display LaMSF advertisements in the competitions. Organisers will be penalised with 300 euro for not displaying these advertisements.
- 42.2. Organisers of competitions in Latvia will be penalised with 100 euro for a breach of requirement 41.2.
- 42.3. For competitions in Latvia, the track inspection costs of the person accepting the track, are covered by LaMSF Enduro commission in the amount of 100 euro plus transportation costs 0.30 euro/km.
- 42.4. For competitions in Latvia, the costs of jury president, are covered by LaMSF Enduro Commission in the amount of 70 euro plus petrol costs, plus the provision of accommodation.

Approved by EMF and LMSF Enduro Commissions on 10th January 2025.

Approved by LaMSF Enduro Commission on 13th January 2025.

LaMSF President Mārtiņš Lazdovskis:

Notes:

Text highlighted in yellow colour marks the changes compared with the 2024 version.

Text in blue font relates only to Latvian Championship, Latvian Cup, Latvian Club Team Championship.

Text in green font relates to competitions taking place in Latvia.